

NINTH GRADE PROJECT WEEK 2016

ITINERARY FOR CAPE COD TRIP SEPTEMBER 6-8

TO: Ninth Grade Students & Parents

FROM: The Ninth Grade Team (Liam Considine, Hayden Holt & Megan Williams)

We are looking forward to our trip to Cape Cod. We are certain that you will find the trip an exciting and rewarding start to what promises to be a very special year. This letter provides important information for our Project Week experience, notably the itinerary, packing list, trip rules and contact information. Please review it carefully as you prepare for the trip.

Tuesday, September 6

9:00 a.m.	Departure by coach bus and travel to Cape Cod (with a stop for lunch)
2:00 p.m.	Arrival at Cape Cod Sea Camps in Brewster, MA; unload bus and set up in cabins
2:30 p.m.	Depart for Provincetown, MA for whale watch
4:00-7:00 p.m.	Whale watch
7:30 p.m.	Dinner in Provincetown
9:00 p.m.	Return to Cape Cod Sea Camps
10:00-10:30 p.m.	Get ready for bed
10:30 p.m.	Lights out

Wednesday, September 7

7:30 a.m.	Breakfast at camp
8:00-9:00 a.m.	Preparation for bike trip
9:30 a.m.-3:30 p.m.	25-mile bike trip on the Cape Cod Rail Trail from Brewster to Eastham <i>rain or shine</i> (begin in Brewster, with a stop at the National Cape Cod National Seashore Visitor Center, lunch at The Lobster Shanty, and a swim at Coast Guard Beach before returning to Brewster and the camp)
4:00 – 6:00 p.m.	Pool Time
6:30 – 7:30 p.m.	BBQ dinner at camp
7:30 – 9:30 p.m.	Class meeting and group activities, followed by campfire on the beach
10:00 – 10:30 p.m.	Get ready for bed
10:30 p.m.	Lights out

Thursday, September 8

7:00 a.m.	Breakfast at camp
8:00 a.m.	Depart for kayaking in Nauset Marsh
11:00 a.m.	Return to camp and pack
12:00 p.m.	Depart for New Haven
3:30 p.m.	Arrive at Foote

PLEASE TURN OVER

NINTH GRADE PROJECT WEEK 2016

CHECK LIST FOR CAPE COD TRIP SEPTEMBER 6-8

What to bring:

- Money for snacks and perhaps a few souvenirs (\$10 - \$20)
- Sleeping bag (pillows and pillowcases are provided)
- Towels (beach and bath towel) and toiletries
- Clothing – be prepared for all sorts of weather. We recommend an extra pair of shoes, a sweater or sweatshirt, rain jacket, shorts and long pants, sleeping attire and swimsuit.
- Small backpack to use when biking (helmets and bicycles are provided by Brewster Bike Rental)
- Water bottle
- Sunscreen and bug repellent
- Flashlight
- Personal medications - prescription medicines should be given to the student's advisor.
Note: Dramamine will be provided by the whale watch tour operator as needed.
- Optional: binoculars, camera, cell phones are ok

Permission for travel: No student will be allowed to leave campus until the Emergency Consent and Medical Information Form, sent home in May, is completed and returned to Foote. If you need another one, please call the school or download a copy at www.footeschool.org/forms

Please do *not* bring iPods or similar electronic devices.

Contact Info:

Foote School: (203) 777-3464
Megan Williams' cell: (609) 424-2712
Liam Considine's cell: (203) 645-5118
Hayden Holt's cell: (203) 444-2053
Eric Einbinder's cell: (856) 313-8302
Cape Cod Sea Camps: (508) 896-3451