

SPRING 2017 MINICOURSES

The After School Program offers minicourses, which give the children a chance to try things such as baking, chess and the opportunity to have fun with Yale students exploring Math. Minicourses are held once a week on the dates listed below. Monday through Thursday courses run from 3:30 p.m. to 4:30 p.m. On Fridays, each course has a different start time, so please check the schedule below. Children who are not enrolled in the After School Program can stay and have snack with the ASP from 3:00-3:30. At that time an ASP staff member will drop off all the children at their course. Children who are not enrolled in the regular After School Program are expected to be picked up at the end of their minicourse.

Please fill out the enrollment form, and return it to the ASP office (in the Kindergarten building), the front desk, or mail it to the school. We reserve the right to cancel a course due to low enrollment. Also, some courses fill up quickly so be sure to enroll your child as soon as possible.

MONDAYS:

DATES: April 10, 17, 24 & May 1, 8, 15

“Cross-Stitch Embroidery” with Michelle Neveux for Grades 3 and up

Cross-stitch embroidery is a quick-to-learn and relaxing activity. Come join us as we learn to design and stitch our own cross-stitch projects!

“Shining Stars” for Grades K-3

Shining Stars is an exciting drama program that uses fun exercises and games to help children gain confidence when communicating with others. The program focuses on building bravery, fostering creativity and teaching leadership, all while boosting communication skills. The program culminates in a live production that family and friends are invited to attend. The children love their costumes, being on stage, and of course, they are the stars in the show! Limited class sized so sign up quickly. More info: <http://www.shiningstarsct.com/index.cfm>

“Wheels in Motion” with Bricks 4 Kidz for Grades K-3

These wheels are ready to roll! Students will use LEGO® Bricks, axles, pulleys, gears, motors and more to build a variety of models on wheels. Some are familiar vehicles, such as a fire engine and delivery truck. Other amazing models, such as the Rescue Robot and K-9 Bot, will give students more to learn. Do you have a need for speed? Put your Speed Bot model to the test as you race against others using remote controls! We'll explore concepts of speed and force, and gain non-vehicle knowledge from the unconventional Wheels in Motion models as well. Let's roll!

TUESDAYS:

DATES: April 11, 18, 25 & May 2, 9, 16

“Model Kit Club” with Harold Ellis for Grades 2-6

Build miniature versions of real airplanes, ships and cars. Have fun learning painting and other techniques to get the best out of your kit building.

“Baking with Kathy” for Grades K & 1

Do you love to bake? Come join Kathy, proprietor of Katalina's Bakery, and make some delicious treats to make our tummies full all afternoon. Have fun learning about baking and dessert making; learn to make your favorite cookies and cakes. Limited class size, so sign up quickly. More info: www.katalinasbakery.com

“Bookmaking” with Rebecca Looney for Grades K-4

Students will learn how to construct a variety of books, including accordion books, recycled box books, sketchbooks and even a book out of one single piece of paper! We will use a variety of materials to construct our books, including handmade paper. Students will be working on a different book each week.

“Happy Feet” for Grades K-2

Happy Feet is a nationally recognized and professionally developed child fitness soccer program. Happy Feet uses a unique, educational curriculum that is age appropriate, using a soccer ball to promote an active lifestyle. As children acquire physical skills, they build confidence and self-concept that apply to other sports and to life in general. The goal of Happy Feet is that each and every kid has fun, improves fitness, increases enjoyment of fitness activities, achieves a higher self-concept and gains soccer skills! More info: <http://www.happyfeetct.com/program/happyfeet>

WEDNESDAYS:

DATES: April 12, 19, 26 & May 3, 10, 17

“Yoga” with Birke Gregg for Grades K-3

Lotus Kids Yoga classes are fun and happy yoga classes dedicated to helping your children grow and blossom into healthy young people. Kids yoga improves children's balance, fitness and concentration. It instills a sense of calm and the ability to relax. It elevates the mood and boosts self-esteem. Yoga holistically improves mental and physical well-being on and off the mat. This class is playfully taught through games and stories. The class aims to improve muscle flexibility and train kids' observational skills to get in tune with their bodies. Imaginary adventures like a "trip to the jungle" has kids enjoying yoga poses like monkey, frog and crocodile. Each class consists of breathing exercises, active yoga poses and a relaxation. The focus lies not on the perfect alignment of a pose but on introducing kids to yoga in an exciting way. Please bring a yoga mat.

“Strategy & Role-Playing” with Andrew Zielinski for Grades 3 and up

Plan your moves, challenge your opponents, and embark on adventures in strange lands. In this mini-course, students will be challenged to think critically and strategically as they are introduced to a variety of strategy games, including the classic role-playing game Dungeons & Dragons. Learn to play or build your skills to become a master strategist!

“Little Scientists” for Grades K-2

Little Scientists is an exciting hands-on, minds-on, inquiry-based science program. We are offering winter classes that will explore different topics that are fun and exciting to young learners. Our innovative program incorporates five to six experiments during each class, along with engaging age-appropriate curriculum, a take-home booklet and project.

“Multi Sportz” with Coach Don for Grades K-2

*****Special Dates*** April 19, 26 & May 3, 10, 17, 24**

Fun Sportz America Multi-Sport sessions open a world of sports fun for your child. Sessions focus on baseball, floor hockey, soccer, basketball, football and other group games, along with sport-specific drill work and conditioning drills. Qualified instructors and educators will be there every step of the way, as your child gains confidence and self-esteem. These sessions are the ideal way to expose your child to a variety of sports in a short period of time, in a fun environment without competitive pressure. More info: www.funSPORTZamerica.com

THURSDAYS:

DATES: April 13, 20, 27 & May 4, 11, 18

“Spring Arts & Crafts” with Lynne Banta for Grades K-2

Celebrate the changing weather with seasonal arts and crafts. We have fun using materials such as clay, paint, recycled items and lots of glue! Limited class size so sign up quickly.

“Terrain and Navigation” with Harold Ellis for Grades 2-5

Learn about maps, navigation, and building train models with Foote Parent Harold Ellis. They will make map puzzles, terrain models, and learn basic navigation tools, as well as learn about dead reckoning and train association.

“Let’s All Sing” with Tina Cunningham for Grades K-2

*****Special Dates*** April 20, 27 May 4, 11, 18**

Do you have a little singer in your house? *Let’s All Sing* is an exciting course where children (K-2) can explore the joys of singing together! This fun, active group spends time learning popular songs from around the world, and playing singing and movement games which reinforce pitch matching, help children develop good vocal health habits, strengthen listening skills, and provide an opportunity for self-expression through music, all while building relationships with other young music lovers. Come sing with us!

“Math Enrichment” for Grades 3, 4 & 5

*****Special Dates*** April 6, 13, 20, 27**

We use the tools children learn in the classroom to explore mathematical problem solving after school. We solve problems using team-based games and worksheets. Our main goal is that children finish with increased excitement about math. All levels are welcome. There will be a separate class for each grade level, each with two dedicated Yale coaches, all meeting on Thursdays at 3:30. Depending on enrollment, we may combine the fourth and fifth graders into one room. PLEASE NOTE: This minicourse runs throughout the year, always at the same time, with a new signup required for each new session. Because Yale students staff the minicourse, our calendar must follow the Yale calendar and thus will sometimes have slightly different meeting dates than other Thursday minicourses.

FRIDAYS:

DATES: April 7, 21 & May 5, 12, 19 June 2

“Baking with Kathy” for Grades 2 & 3 — 3:00-4:00 p.m.

Do you love to bake? Come join Kathy, proprietor of Katalina’s Bakery, and make some delicious treats to make our tummies full all afternoon. Have fun learning about baking and dessert making; learn to make your favorite cookies and cakes. Limited class size, so sign up quickly. More info:

www.katalinasbakery.com

“Beginner’s Chess” for Grades K-2 — 2:45-3:45 p.m.

Learn how to set up the board and move the pieces, read and write chess notation, capture and checkmate. We’ll also practice elementary tactics and strategy. No experience needed. More info:

www.edutechchess.com

“Advanced Chess” for Grades 3 and up — 2:45-3:45 p.m.

For all advanced players and enthusiasts, this course focuses on opening principles, spacing, time, position, play tactics, combinations and how to analyze an opening repertoire. More info:

www.edutechchess.com

“Baskets Making” with Angela Giannella for Grades 3-6 — 2:30-4:30 p.m.

*****Special Dates*** May 5, 12, 19**

Come and make your own basket and take it home for multiple uses. We will use a natural fiber called reed and decorate the baskets with sea grass and colored reed. This activity is very therapeutic and you will feel very happy to produce a beautiful piece of art. This course has three sessions that are two hours each.

“Kung Fu” with Master Jack for Grades K-3 — 3:30-4:30 p.m.

Master Jack, the director of Wu Dang Kung Fu Academy, the biggest and most famous kung Fu studio in the East. He is the five times international champions and eighteen times national champions. The after school program is specifically designed for the students in different age groups to train both the Life Skills of focus, discipline, confidence and self control; as well as **Self Defense** including forms, movements and kicking. With the practice of basic skills in the first session, our goal is to improve the students' both physical and mental health. You may find more information on our website at www.wudangkungfuacademy.com.

CONTACT:

Dawn Walsh, Director: After School Program
Bill Manke, Assistant Director

The Foote School
50 Loomis Place
Tel.: 203.777.3464, ext. 262